

### Why a Nonprofit?

Enso Center for International Arts is a 501(c)3 nonprofit organization. This means charitable contributions can be tax deductible and that many employers may match donations but it means more than that.

Enso Center has, at its core, a mission to promote awareness, understanding and harmony. Our programs seek to help individuals, and the community at large, to build a more peaceful world. By developing confidence, mindfulness and healthy conflict resolution skills, our programs help to decrease fear and insecurity and encourage open communication.

We directly offer programs in Martial Arts, Archery, Tai Chi and Yoga to our local community. We also work with schools, parks departments and other organizations in an ongoing effort to reach those who would benefit from our programs; including people with special needs and at risk youth.

Enso Center also coordinates, hosts and participates in workshops and seminars, health and wellness fairs, and fundraisers. Topics for these events have included Self-Defense, Stress Relief, Community Acupuncture, East Asian Medical Theory, and countless others. Over the years, we have awarded thousands of dollars in scholarships to families in need.

We are continually looking for ways to serve our local and international communities. Please contact us at [contact@ensocenter.org](mailto:contact@ensocenter.org) if you know of opportunities where we might be able to make a difference.